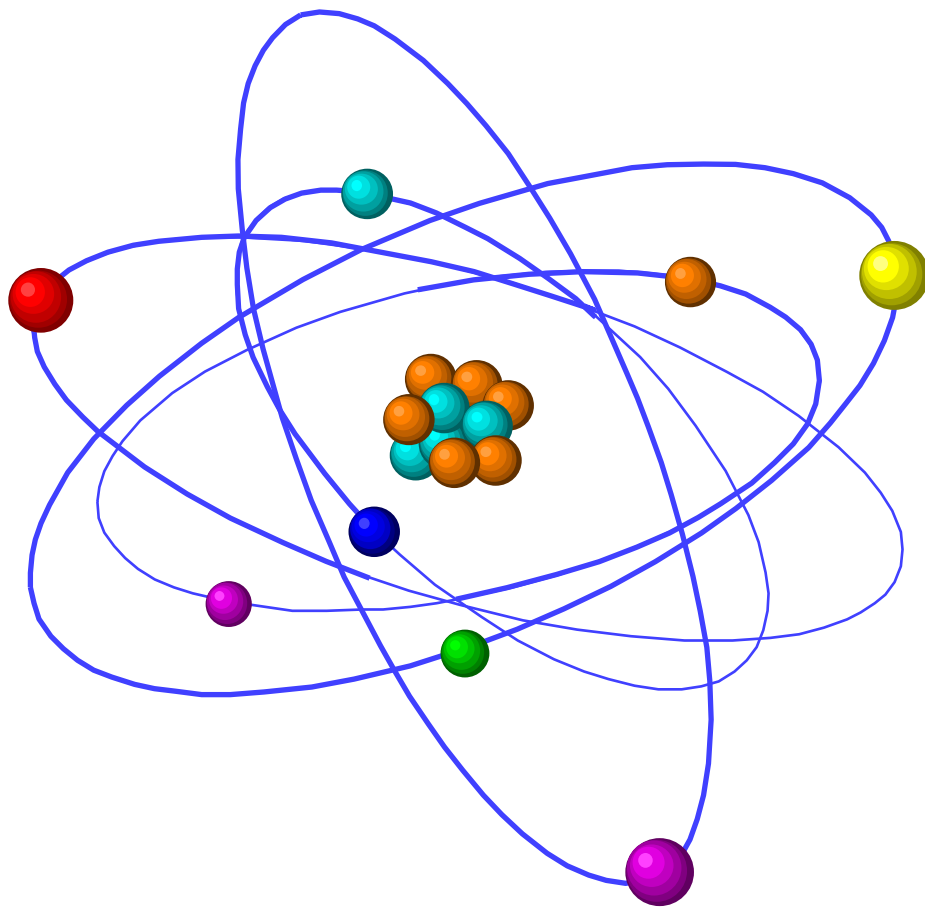


Chapter 20: Some background to BioEnergetic medicine



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20.1 Introduction

Bioenergetic medicine is not new: it has existed since the dawn of history –for as long as energy has existed, which of course is for ever!

The presenting forms have evolved and adapted through the years.

Healers have sensed and manipulated energies for eons. It is only in the last century or so that science and technology has started to connect with this potential. First in a crude way, then based on the principles of acupuncture and now in the Quantum by interfacing with our intelligent energy field as represented by our unconscious aspects.

20.2 The Development Stages

Phase 1 The initial search

- | | |
|---------------|---|
| Development 1 | Acupuncture points were found to have significantly differently resistances to surrounding skin |
| Development 2 | Points had a different characteristic according to the degree of health or dysfunction. |
| Development 3 | There is a correlation between measured resistance and physical organ functioning. |

Phase 2 A test method discovered

- | | |
|---------------|--|
| Development 4 | The readings are influenced by the presence of homeopathics in the patient's energy field |
| | This enabled testing of remedies, nutrients, toxic and allergic reactions, healthy tissue, diseased tissue, pathogens etc to facilitate very extensive non intrusive testing |
| | Preclinical diagnosis becomes possible |

Phase 3 The development of energetic biofeedback

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|---------------|--|
| Development 5 | The body emits signals with different characteristic patterns for health and illness. These can be measured as a 1 dimensional resistance, altered and fed back to enhance health. |
|---------------|--|

Phase 4 The Quantum leap into 3D interactive testing and therapy

- | | |
|---------------|--|
| Development 6 | A method to measure the true 3 dimensional body electromagnetic wave form is developed, enabling the measurement of body reaction to an item brought into energetic contact with it. |
|---------------|--|

Computer technology and the development of a digital interface facilitates test therapy interaction at speeds ensuring that the body does not enter an adaptive response stage, enabling several thousand items to be tested in a few minutes.

Development 7 The test method is extended to an autofocus, individual centred adaptive feedback system for energetic therapy. Treatment programs can now be automatically screened with the body being in control of what it needs at what intensity.

20.3 What is Bioenergetic medicine

Authors: Bill Nelson & John Kelsey

Note: It is really important to read and to try to digest this section. Some information may seem trite, some a bit hypothetical. It is intended to guide you towards a relationship with your device: to understand its principles, the place it operates from and how to work with it. This is as important as any technical or how to information.

The common goal of all therapy is appropriate treatment to meet the specific and unique needs of each individual person. Yet

- some patients respond to one modality and not another
- patients benefit from different modalities at differing times
- to become really well a number of levels may need input
- to optimally support patients several complementary skills may be required

This is an extension of the basis of “alternative” medicine (many alternative approaches are considerably older, deeper and more application proven than current technological, drug based, allopathic “medicine”). The absolutely valid focus on treating the whole person and not just symptom relief benefits many, many people: particularly those patients who have been labeled with “only” chronic conditions and those discarded by the allopathic approach.

The Quantum is multimodal: it is there to assist your primary modality and to enable you to supplement this with other skills. It offers the possibility to connect with the patient across a range of levels: from the physical to the ethereal, from the most dense to the finest vibrational level.

There is an undeniable new paradigm developing in science. The theories of consciousness, quantum theory, subspace systems, fractals and energetic medicine are all being used more and more. These systems will be commonplace in a short time as people everywhere are losing their fixation on Newtonian dynamics and replication. Society is broadening its mind to more open consciousness ideas. Towards this end some will reject new open-minded ideas because they threaten their own ego. If their education was fixated on old now rejected dogmas, they might seek to validate their ego by threatening new concepts. Other will reject the new paradigm

because it threatens their income, if they get money for using the old antiquated system. But we encourage you to have the vision and determinism to see the future of energetic medicine and network with us if you need help in this new vista of medicine.

The science behind this entire field of energetic medicine may seem foreign at first. The newness of these thoughts and the resistance of the old order have made the spread of these new ideas slow. These ideas seem so complex and un-understandable. Just as the concept of electromagnetic radiation and television seemed some years ago. But now we all understand the simple ideas of television. We don't have to know all of the science to use a television, nor do you need to know all of the science to use the QXCI.

20.4 Some reductionist history

200 years of science and technology have illuminated many bodily mechanisms. However this has been based on a reductionistic, dissective approach fathered by Isaac Newton and some of his contemporaries. Their view of a being was a machine, constructed of a set of parts, which additively made a functioning mechanism: a machine. In the main each part was seen to function independently from the other. Thus it was possible to understand the whole by dismantling and finding out how each part worked. These parts were not considered to have an innate intelligence: they were just like cogs in a machine. They could be mended just like a machine: by part specific treatment. Hence drugs, surgery and transplants. Paralleling this was the view that people as well as the whole of nature followed a preset design and action set: all events and their consequences were determined by physical laws without any self determining or evolving consciousness. The body was viewed as made from “dead” stuff. There was a separation between body, mind and spirit.

Alongside the scientific view of disease and dysfunction, illness has been seen mainly as an “external factor”: germ, virus, bacteria etc. (but surprisingly not - and perish the thought - a consequence of our technical environment!!). These perceived invaders have been fought with head on, aggressive weaponry. There has undoubtedly been some successes in intensive medicine, particularly from severe disease. However for many low level, non acute or chronic situations there are very few “conventional” testing or treatment approaches. Often no underlying cause is sought, let alone found. The patient tolerates the discomfort till it becomes sufficiently acute to be “conventionally visible” or accepts continuous medication, often addressing only symptoms and frequently with side effects.

The result has been a progressive dissociation from nature's integrated, wise and self actualizing base. It is not that this connection never existed or has totally disappeared. It has been present in pre Roman Celtic and Druid traditions as well as ancient Eastern living philosophies. It has been recovered in many healing modalities including homeopathy.

Bioenergetic medicine offers a profound approach to effect re-connection: everything is aimed at restoring our innate self healing ability, reminding, re-educating and re-establishing our own intrinsic abilities. These always act in the direction of wellness. It targets to reduce and if possible eliminate pathological, disease promoting factors and simultaneously strengthen core, healthy and innate physiological processes.

On what basis ? Read on!

20.5 A Quantum Energy Perspective

Central to bioenergetic medicine is the concept that everything-including all life-is made of energy. This is the concept that Einstein is most associated with as represented by the relationship $E=mc^2$. E is energy, m is mass. The equation states that the two are intimately related and absolutely interchangeable. What we “perceive” as solid matter is equally validly perceivable as energy. From an atomic physics perspective we are more spaces than solid material! Even strainers and culenders are more solid than we are! For mass read “perceived solidity”.

The perceived form that energy takes depends on the perceiver, the receiving apparatus. A blind person may perceive movement as sound or air currents rather than visible movement of form: this view is not available to him. Thus our perceptions are not the only valid ones: we limit ourselves, our range of experiences and actions if we are confining. In other frames of reference this solidness does not exist. *To allow and if possible accept that there are other means of interaction outside our normal experience will create the openness that is helpful in working with the Quantum.* There was a time before we learnt to talk where we heard only noise, a time before reading where that information made no sense. We tuned in and found we could connect, communicate. We accepted the possibility on some level and allowed a learning process to take place.

For example water exists in three main states: vapor, liquid and solid. As vapor it is not always visible: it is still there-invisibility does not mean non-existence. It can still be experienced: as a humid sensation and visibly when it condenses on a cold surface. The molecules of water have more energy, are moving faster and have a greater spacing in the vapor state than as a liquid. As the collection of high energy water molecules slow down, have less intrinsic energy, have a slower vibration they appear to become denser: they “visibly” contract to a touchy, feely substance. Put enough heat energy into solid ice water and it will gain enough energy to become liquid water: a change in state. Continue and the state changes to invisible vapor.

Shine a light on your hand: notice how your hand has a degree of transparency: the light goes through the “holes”!

It is worth noting that these changes of state are not steady or progressive but a step, a jump. The physics term for this is a “quantic” change. A determinable quantity is involved. The energy needed to go from water to vapor is known as the latent heat of vapourisation it is not an infinitesimally small and un-measurable amount but a well defined, characterised, reproduceable measurable quantity.

This concept of step or “quantic” changes is the basis for modern physics. Every item in the energy and matter chain has this characteristic when it makes a change: it jumps from one level to another. This was first discovered in connection with electrons (one of the “parts” of an atom)

and subsequently with smaller and larger aspects of energetic and “physical” reality. This is really relevant to bioenergetic communication.

More later-for now just hold the concept.

20.6 Electromagnetism: a defining characteristic

The mechanistic view of the world is of solid stuff, literally of machines. This is not just a technological concept but extends to all of nature and us. Even the mechanism by which the potential within a lump of coal for heat and light is explained through very solid sets of events rather than the potential being as intrinsic an aspect of its being as its shape or color.

The energetic view of all relative solidity is a mass of (intelligent) compressed energy. Physics has revealed that wherever there is energy there is an electrical and a magnetic component: these two are inseparable partners. Each is generated by the other. When an electric current flows through a wire a magnetic field is generated around it: it is the field generated by an electric drill or sewing machine etc. which interferes with our TV picture or gives the “static” interference through our radio. When a wire is moved through a magnetic field a flow of electrons or an electrical current is generated. This is the basis of electrical generation equipment: bicycle generators, car alternators, gas and electric turbines generating the electricity consumed in our houses. It is a real part of our daily life and not an abstract concept.

We commonly refer to this pair as electromagnetic energy. We use them all the time. Radio waves TV waves, cooking microwaves are all electromagnetic waves of differing frequencies. And...we can measure it!

Each substance has this property of electromagnetism: it exists with a characteristic vibration oscillation or electromagnetic waveform. Each color for example has a characteristic, unchanging electromagnetic field. It's been measured, catalogued, stored and reproduced! So does each atom, each group of atoms making a coherent molecule, each set of molecules making a substance, each group of molecules making a cell, each set of cells making tissue, each collection of tissues making an organ and on and on.

A bit too much of an extension! From the old non-communicating, reductionistic, separationist, mechanistic perspective yes. From the viewpoint of modern energetic physics: not at all. The electromagnetic field signature of many items inert and living, have been captured. Characteristic spectra are routinely used in substance identification. The simplest living things have a characteristic energy form. The energy pattern of viruses, bacteria, liver cells, ants, homeopathic substances etc. have all been determined. All this has been made possible by advances in technology: particularly by the space program.

20.7 The Energetic Being: a basic way to diagnose.

All living things have a characteristic field, vibration, oscillation and resonance. We are a complex set of fields. At any one time certain areas of fields predominate and we give out a characteristic energy: angry vibes, good vibes. What we perceive as white light is in fact the

combined effect of a collection of colors. It is possible to tune in and display each color. In the same way, if we know what characteristics we are looking for, we can do the same with the electromagnetic fields emitted from the human system. We can look for a pattern corresponding to a virus, the presence of a vitamin, the characteristic pattern of a healthy liver, the signature corresponding to a particular disease. So it is also with toxins, allergens etc. Provided we have measured and stored the signature we can look for its presence, and whether it matches the healthy or dysfunctional pattern. The sensitivity available in modern sensing devices and the power from computer technology makes these comparisons possible.

Not only can we check the physical: we can also look at systems. Acupuncture and cranio-sacral approaches amongst others are based on energy flows. These also have their characteristic values and patterns. So also the finer vibrational levels: our auras. Any characterisable energy is amenable to this approach.

20.7.1 Enhanced diagnosis

A healthy body has a smoother, more regular waveform. This is disturbed in disease or situations of stress. The pattern changes in reaction to it. When an item is introduced to the body it has an effect: sometimes the body likes it; others cause a rejecting reaction in the opposite direction. Either way the wave characteristic changes.

This change can be measured. This effect was originally found by happy accident by Voll, the principle father of this approach. A demonstration client was tested after a lunch-break with puzzlingly different results compared to before lunch. The difference: a bottle of homeopathic remedy in the subject's pocket! The energetic interaction was sufficient to change the electrical readings.

Early versions used homeopathic dilutions in the test loop: a very tedious process since each item needed testing individually. Now it is possible to sufficiently accurately electronically characterize and store items images: not perfect but pretty good.

The "resonance" response of the patient is one of the key measurements. Something good will resonate with us. The better the remedy is for us, the more we will resonate with it.

20.7.2 Sub Clinical Diagnostics

Allopathic based medicine can detect grossly manifesting, acute disorders: there is enough visibility. Generally at this point the disease process is well under way and frequently in an acute phase. What is being seen may be the result of events started years ago. Standard medical diagnosis rarely has the finesse to detect the subtle changes in the body systems at the initial, sub clinical stages of the disease process. Techniques such as CAT scans, stool samples, blood and urine analysis pick up on gross symptoms.

Disease initially manifests as a tendency: a subtle change, possibly only displaying a short lived physical marker (irritation, diarrhoea, inflammation) if any. We ignore the signals, continue the harmful activities and the system moves into adaptation: very often without any symptoms.

We inherit looks from our parents, them from their parents etc. We also consider that we inherit emotional, mental and genetic tendencies. These often stay as tendencies until triggered by an event.

Many people feel unhealthy or experience chronic conditions with a particularly visible disease process.

There is in all these cases an activity occurring. This activity is energetically detectable: even the most subtle disturbances manifest energetically. Reflect on Voll's experience earlier. Think about the effects of geopathic stresses.

20.8 Beyond diagnosis: energetic therapy - the icing on the cake.

A tuning fork when struck will resonate with another of the same frequency. It will absorb the sound wave forms, become excited and use this absorbed energy to re-emit sound energy. It will only resonate with its own dedicated frequency: an "A" tuning fork will let a D sound wave pass unaltered. A glass will shatter when exposed to a certain frequency of sound energy wave: often beyond our normal hearing range. The energy spectrum of the sound wave (frequency but also shape/ waveform) is absorbed by the glass, creating resonance. We have a "magnetic "attraction to some people. We *resonate* with a feeling, idea etc., generally feeling energized and giving out energy in this state.

In all these examples the electromagnetic field or oscillation images of the receiver and transmitters are identical. Experiments with simple living species have demonstrated cellular resonance. Hulda Clarke in Canada has undertaken extensive work to verify this across a range of pathogens and animals: molds, viruses, bacteria, worms, mites, ants, goldfish, cats etc! She verified that every living creature (and dead ones as well as inert substances) broadcasts its presence with a characteristic electromagnetic waveform just like a radio station, the sun and stars. Not only this but they also went into resonance, in an identical fashion to an electrical circuit.

Prof. C Smith at Salford University validated that (even very short) electromagnetic impulses have a healing effect (in a fraction of a second) provided they go into resonance. If we know the energetic signature we can feed resonating energy fields!

This approach can operate in several ways.

- *To destroy pathogens.* Resonance can be established with physical intruders such as parasites. The cell wall disintegrates at a specific resonant frequency. The species is destroyed. This is the essence of Hulda Clarke's work, represented in the Quantum Zap feature, and refined by the autofocus feedback system(see below)
- *To re-establish healthy patterns.* There has been substantial research to demonstrate that the energy field from a homeopathic is transmitted to a water carrier: see Voll earlier. Homeopathic remedies continue to have an effect well beyond dilutions where the last

molecule of mother substance has disappeared. Indeed remedies can become more potent and operate on deeper, more subtle levels as they become more dilute: they become more energetic.

Our body is 75% water. The effect of a homeopathic is instantaneous: it does not have to be ingested into the blood and distributed. The action is at a speed consistent with electromagnetic transmissions. The information transmission stimulates the body: the dose is too low to have a biochemical action! It is as though the body has forgotten or given up its normal response (possibly by overload or sheer frustration at continued assault!). It is reminded or reprogrammed: similar to reprogramming a computer memory, re-recording a tape etc. The memory may be perceived to be stored in the person's electromagnetic energy fields or bodily water: whatever, the proof of the pudding is in the results. Homeopathic dilution ampoules with a test tray have been successfully used for this purpose.

- *To de-energize unhealthy patterns.* If we can re-program health by positive input, can we cancel the negative, dysfunctional imprints? Yes. By offering an inverted waveform a nullification can occur.

Thus the potential exists to deprogram the reaction to an "allergen" as well as reinforce the positive elements of our system that normally serve to minimize the reaction. Allersode test ampoules exist for this purpose.

These bio-feedback aspects are not restricted to external substances. All aspects of us have a positive, well "signature" mental, emotional, subtle energetic. Perhaps it is just weaker than normal or has been eroded by battles. Unhealthy parts of an organ or system alter the emission. It is possible, based on healthy aspects having quite consistent signatures between individuals, to separate the two elements. Bio-feeding back the healthy aspect, at the appropriate amplification, can remind and reinforce. Inverting the unhealthy aspect and bio-feeding back tends to nullify the memory of the dysfunctional pattern in the energy field(s) and body. This allows the healthy patterns more space to re-establish themselves and reduces the effort that is required to keep dysfunctional tendencies in check. This "inversion" aspect is useful as part of intolerance desensitisation and reducing addictions.

20.9 A History of Bioenergetic Medicine

20.9.1 Is Bioenergy for Real?

Bioenergetic approaches are based on the human body being an energy field: as such it is able to receive and communicate electronically using electromagnetic oscillations. Strange ? but true! The current view of our universe is a sea of energy: our world, stars and other planets are contracted, dense forms of this energy. This basic identity between energy and mass was Einstein's revelation: $E=mc^2$.

Today we experience the effects of magnetic and electrical energies in our everyday lives: the emissions of TV and PC screens Xrays, radiation for cancer cell treatment, electrical signals from nerves and muscles in EEG and ECG testing etc

The story begins millennia ago with Acupuncture, the earliest recorded scientific charting of energy based diagnosis and treatment.

The modern additions really start with Homeopathy in the 1800's.

However the fathers really belong to the 1900's. Most contributors are characterised by a multi-disciplined approach: a combination of acupuncture, science, electronics and homeopathy.

There are almost two distinct threads that are now coming together:

- (1) The "electrical" characterisation of acupuncture points and meridian systems.
- (2) The detection and characterisation of "energy fields" around substances and living matter.

20.9.2 Electro acupuncture and Electrodermal Developments.

- 1940's Niboyet discovered that the acupuncture meridian nodes had a different resistance to surrounding skin.
- 1940's Voll was the one to really investigate and refine earlier work, beyond the static resistance characteristic .He discovered that each acupuncture point had a unique characteristic when a small current was applied. The normally lower resistance was further influenced by the points associated meridian system. Voll exhaustively characterised points with physical organ activities.
- 1970 Morrell uncovered a relationship between a bioelectric input signal to the body, the body processing of a signal and the output: there was a discernable difference in output between a healthy and unhealthy tissue organ and organism. He found a way to electronically filter to separate the unhealthy pathogenic signal from the healthy physiological part. Health improvements were found to occur when the

pathogenic aspect was inverted and fed back and also when the physiological part was amplified prior to being fed back.

1973 Popp, a Nobel physicist et Al constructed a device which measured the electromegnetic energy radiating from body cells. They showed that each and every cell of the body possessed a resonant frequency and emitted (re-emitted also) electromagnetic waves. The slowest waves traveled at the speed of light! The communication between cells used many different wavelengths.

20.9.3 Energy Field Developments

Since time immemorial energy has been worked with. Healers have existed in all traditions and cultures. There appears little difference in essence between healing practices, sensations and benefits then and now. It is perhaps more that a dimension has been added a variant facilitated by the science and mathematics of quantum physics.

.Prof. Saxton Burr in the 1920's found voltage potential variations in the field around living plants and animals. Lakhovsky in 1925 hypothesised the existence of a biological radiation field, validated the principles on plants and achieved remarkable beneficial effects on disease. Nodon, President of the Societe Astronomique, an expert in short waves, found confirmation in the transmission of radiation from all living plants and animals. US surgeon G.Crile paralleled this work and in 1933 foresaw radio-diagnostics.

Nobel prize winner Prof. R.Becker in the 1970's showed that living organisms propagate a DC electrical field which alters in health and disease. He also confirmed that electrical current is conducted through the body by unknown channels corresponding in location to acupuncture meridians.

Dr Albert Abraham discovered that the radiation of diseased tissue can be transmitted via a cable just like electricity is.

The advance of technology produced increasingly sensitive instrumentation: the field of astronomy is an outstanding example. In the biological area the SQUID magnet-o-meter is the current ultimate in the detection of electromagnetic fields. This has detected the hearts field being still present as an electromagnetic field 15 feet distant! Research since then has shown that biomagnetic fields are often more indicative of inner body events than resistance measurements taken at the skins surface.

Zoologist Rupert Sheldrake and others now postulate the existence of information within these fields, like an energetic blueprint for our physical being. This correlates with the texts of ancient cultures and modern healers and energy field therapists.

All rather against the grain of conventional science: *it can't be true, therefore it isn't!* How many times does our own experience go against this one!

20.10 What is the Quantum – What's Special about it

The Quantum is State of the Art in terms of

- being able to marry with a wide range of core approaches (nutrition, homeopathy, acupuncture, cranio-sacral, homeo-toxicological, dental...)
- being able to offer support modalities to a therapists primary skill area
- in the 3D interface
- in the number of interface points
- in operating at biological speeds
- in removing the influence of the tester from the regime
- in the range of therapies
- in the uniqueness and accuracy of the digital interface
- in the autofocus biofeedback loop intrinsic in all the inbuilt therapies

20.10.1 The Snapshot

Most devices are 1D (dimensional): they work on resistance (conductance) only. This is one of the three characterising measurements of an energy field. The other two are current (amps) and voltage (volts).

Any one of a persons height, width, depth will tell us something of the persons body. It will give us 1/3rd of the picture A photo is 2D: it tells us a bit more and we can probably guess with a bit of confidence the missing dimension A holograph (3D):well! Now we can really get a handle on the person. The really fascinating bonus that if we drop the hologram and it shatters into a thousand pieces that we get the same image (complete information) in each of the pieces.

An electromagnetic field is characterised by 3 aspects (vectors) collectively known as a **“Trivector”** :current, voltage, resistance. Measuring just resistance gives 1/3rd of the possible information. The Quantum works with the complete trivector.

20.10.2 Clasp...handshaking...

In real acupuncture two of the body extremities are used for measurement: pulses are taken just above both wrists: Energy flows are most discernable at body extremities. Toes and fingers are in principle the extremes: however physical connection is not so easy or consistent.

The Quantum uses wrists, ankles and the forehead: providing multiple interface points. A video with one detection head will provide a picture. As the number of heads increases so does the quality. It optimises. The software can then do a statistical survey and improve the probability of being correct.

20.10.3 The Digital Age

Digital TV started in the UK in 98/99-it is a method of transmitting and receiving images (which are electromagnetic in nature) that is more accurate, better defined and less subject to error and distortion than its analogue predecessor. It is clear and contains more information. Compare the information on the face of a digital watch with an analogue one.

Computers operate digitally. They have two states (a binary system): 0 or 1 for information storage and processing. The change from 1 to 0 or vice versa is step quantic. Information from our body is available both in analogue and digital form. The “slit” experiment with light is a wonderful demonstration of this dual manifestation of energy and electromagnetic waves. Quantum physics gives an understanding that the digital quantic form is primary.

So, basically body field information can be accessed in analogue or digital form. If accessed in analogue format it must be converted for the benefit of computer processing power. Analogue to digital interfaces are costly, are required to operate in two directions (in feed to the body and to monitor return signals) and reduce the integrity and accuracy of the signal. Communicating digitally is direct with the associated benefits.

20.10.4 Interactions at Biological Reaction Speeds

When our biological system receives a stimulus it reacts in around 1/100th of a second. This is the reaction that measurements should be based on to ensure that it is the primary, first stage reaction that is measured. If the stressor is prolonged the system starts to adapt and the response is less significant. Beyond this time we start to adapt to what we perceive may be a continued presence. Consider our reflex actions: we touch a hot stove and instantaneously withdraw. It is very, very fast. If we stay in contact, if the heat stimulus or stressor remains we enter a different phase: adaptation. In the stove case our skin changes, it starts to burn. The system reaction is different: the message is different. If the stimulus is removed the system will probably stay wary but will stand down from red alert maybe to orange and then to yellow. It can take some time to come back to green: there will have been some mobilisations, some events set in train which take time to call back and negate. Chemicals may need to be produced to disable activated hormones, for example.

We react to a homeopathic at this speed, and to a geopathic (disruptive electromagnetic) field. The stimulus needs only be present for a 1/100th second and provided we can measure the reaction very fast we can screen against thousands of items in a few minutes. The design of the quantum specifically facilitates this. The speed is such that the full 4000 item test program does not stress the body into even the initial alarm and reaction phase.

Many electrodermal devices maintain the stimulus for several seconds: the body reaction becomes adaptive and not as informative. A comprehensive test to locate the foci can involve 2 hours and up to 100 probe contacts at say 10 seconds each. The body does become resentful of the continued stimuli and this can show.

Exposure to a toxin produces an alarm reaction: to notify that something of importance to stability, to homeostasis has happened. If the exposure is to a nutrient then the system responds in an identical way but in the opposite direction: instead of saying “yuk” it says “more please”!

An analogy is a fire. Heat or smoke is sensed and an alarm sounds. The change is sensed and a warning goes out to activate the response mechanism-get ready be alert. If the signal persists the adaptation stage kicks in to minimise the damage: the auto sprinklers come on. If however it was just a cigarette from a passer by the stimulus disappears quickly and the adaptation phase does not start. On the other hand if the fire is fuelled and continues too long the water pressure and eventually resource may be depleted and even exhausted.

20.10.5 The Autofocus

This unique feature of the Quantum, made possible by fast computation Fourier analysis, makes the therapy programs really effective and absolutely appropriate to each individual. In doing so the therapies become very safe. By using fuzzy logic feedback systems the therapy signal is continuously adapted to the patient response.

Fuzzy logic gives the opposite result to what may be expected from the word. Fuzzy logic-based adaptive systems are in very widespread use in the real world: in water treatment, industrial processes etc. It is the closest we have yet got to the wonderful (and sometimes apparently random) way that nature adapts to an event. It is implicit in chaos theory: the tool used to predict nature's response.

Video cameras use it for autofocus: you know it works and gives a clearer picture than a fixed position or manual adjustment.

Our system is interactive and constantly changing, adapting to each and every stimulus. Our thoughts and actions change constantly: from the external stimuli and feedback. As we receive treatment, energetic stimuli our response changes. We need to respond to the new situation to optimise treatment: to not over-treat in particular. As we drink a glass of water our internal feedback system kicks in to advise whether we are getting towards tank full. We slow down our intake Notice the process in some parts of your life.

Many single channel resistance systems do not have this monitoring and adjustment circuit and can only estimate at the start how much exposure to the therapy program will be optimal. It is an educated guess with associated error bands.

There is a further bonus: it is possible to run through a range of pre-sequenced programs: those which are not needed will give an immediate feedback signal to that effect This automates and optimises the therapy programs.

20.10.6 Tester Influence

Kinesiology (muscle response testing to a stimulus) is the human equivalent of EAV/EDS/Quantum testing. The client is exposed to a homeopathic vial of a substance. The practitioner then tests for a change in muscle response. This is intrinsically a subjective test. It is no reflection on the practitioner. It is purely a reflection that the tester, the experimenter can have

an influence on the experiment .We want something, believe something and our view is coloured. We are human beings, inherently subjective and not built to be totally objective.

EDS/EAV devices use a probe pressing against a particular acupuncture point. The pressure of the probe influences the reading. It can take a month of careful practice to get a consistent technique...and then there are off days.

The Quantum is totally user independent during testing.

20.10.7 So how good is it?

Conventional diagnostics, as per studies over a range of USA hospitals, ranged from 5% in the worst location to 45% in the best. The average was 33%.

Studies of the “hit” rate for electro acupuncture (EAV)/electrodermal(EDS) were 65% and for Quantum around 85%. These tests were based on limited samples for mineral deficiency, bacterial and fungal infections, organ dysfunction, adrenal and thyroid insufficiency, allergy. A very extensive UK study was undertaken at the time of the massive aluminium sulphate contamination of the Camelford water supply: this included double blind aspects and resulted in a very high correlation between Hair Mineral Analysis, observable dysfunctions and Quantum energetic indicators.

20.10.8 Do remember that

- the Quantum, as all devices of this style, gives the probability of an energetic disturbance related to an area or substance.
- all reactions are at that moment: influenced by immediately preceding activities as well as established dysfunctions. Every organism is a flow system attempting to maintain equilibrium, and is consequently adjusting to the surrounding environment and internal environment.
- is a diagnostic aid and not a total, foolproof and certain doctor.
- in addition to current foci, it will uncover energetic imprints (miasms) handed down genetically and tendencies which have yet to manifest as easily discernable symptoms. Dysfunctions may be at levels below that detectable by current laboratory techniques. In some cases there is a tendency only and the system is under no strain in keeping it in check.

Successful diagnosis is a process based on

- ◆ the clients unconscious: the Quantum provides information directly from here.
- ◆ the clients conscious aspect: mind and memory: in allowing links to occur.
- ◆ the detective skills and patience of the therapist in identifying potential themes, validating these with symptoms, family history and
- ◆ other tests within the Quantum to work through the layers to the causal dysfunctions.

The search is for the common aspects of all 3 areas

- ◆ Repetitive patterns
- ◆ Responsible solutions
- ◆ Positive patients emotions

Again the parallels with homeopathic and naturopathic approaches are profound.

20.11 The Nelson Principles of Healing

Author: Bill Nelson

20.11.1 Nelson Medicine

(An introduction of philosophy behind treatment with the QXCI system.)

For over a quarter of a century, I have been teaching a form of medicine to doctors the world over. In the last six years I have been teaching at medical universities. This form of medicine has been called Nelson Medicine by many of my students, for ease of memory I will call it the same.

As we deal with a patient we first need to remove or reduce the cause of disease. We need to build responsibility in the patient for his own present, past and future behaviour.

- Behavioural medicine must be involved in basic medicine. Acupuncture must be involved in basic medicine.
- Nerve energy flow must be involved in basic medicine. Nutrition must be involved in basic medicine.
- HOMOTOXICOLOGY must be involved in basic medicine. Awareness and biofeedback must be involved in basic medicine.

The word doctor comes from the Latin word "EDUCTOR" or teacher.

A doctor should be a teacher, thus education is a must for medicine. True medicine should be holistic medicine. Medicine is based in responsibility. Separation from a cause of disease is the responsibility of the diseased patient. If there is a cause of disease in your environment you can choose to change or reduce the cause, move to a new environment, or accept the conditions.

Responsibility for healing is with the patient.

Many of the causes of disease that approach us are beneath our conscious awareness. Our unconscious is much more aware of the disease causing factors that come at us. Our unconscious reacts with subtle energetic changes in electrical bodies. The QXCI device is the first energetic medicine device to test reactions where the patient and doctor both do not know what is being tested. Thus the unconscious of the patient causes the reactions. The reactions are not picked by the computer, not picked by the unconscious of the doctor as with point probes or kinesiography. The results are picked by the unconscious of the patient.

So in the QXCI we have a device that can make us aware of the unconscious of the patient. Some patients are more aware of their unconscious. These patients are likely to feel the QXCI device and recognize the reaction patterns more easily. Others will take more time, but after several visits they will become more aware of their unconscious and feel the effects more.

20.11.2 What is Health

Author: Bill Nelson

Health is ease of flow.

Health is a flow of items into and out of the body. We intake nutrients, air, water, minerals, amino acids, fats, carbohydrates, thoughts, ideas, friendship, love, respect, mental stimulation, spiritual stimulation, and a host of other nutrients. We detox and excrete urine, breath, stools, mucus, sweat, menses, bad feelings, fixations, addictions, coercions, intimidations, fetishes, manias, compulsions, spiritual doubts and a host of other excretions. Life is a cycle of intake, chew, absorb or reject, assimilate, produce toxins, detox, and start anew. This is the need to survive. Add to this the need to reproduce and now enters our sexual needs. All of this results in a very complex flow of energies in and out, in cycles.

The levels of the person are the body, mind, spirit, social, and environmental. It is impossible to separate these or to know where one starts and another stops. Thus these parts can not be reduced or analysed separately. When there is ease of flow of things in these levels the person is in health. Health is ease of flow.

20.11.3 Flow of Disease

Disease starts when a stressor or intrusion causes a disruption in the flow. The ease is now disease. Hans Selye outlined a medical system where disease comes into the body as some sort of stressor. This produces an *ALARM* reaction phase as that the body is trying to deal with the incoming stress. Thus the symptom is a sign of the *ALARM* reaction.

If we fight the symptom not the cause we stop healing. So when our child is exposed to a stress (like a bacteria from another child) a symptom presents, such as a sore throat. The symptom is sign of a disease in flow. The immune system needs help.

To fight the symptom is what allopathy does. The allopathic medical doctor fights the symptom by trying to block some other flow. He uses an anti-pyretic for fever, MAO inhibitors for depression, Serotonin uptake blocker for despair, calcium blockers for heart problems, antibiotic to attack the bacteria thus weakening the immune system etc.

So our child with the sore throat might have a toxin or nutritional deficiency as the deeper cause of the sore throat. The body is attempting to detox and stimulate the immune system with the symptom. The body is trying to cure itself and everything would be alright but, via an unfortunate twist of fate, this child is taken to an allopath. He spots the symptom right off, and prescribes an antibiotic and an anti-inflammatory. The body's own attempt for healing and detox is thwarted. The disease is driven deeper. The symptom goes away but the cause lingers and another disease, more insidious than the first continues to develop.

This requires another allopathic remedy, and another, till the life force and the body's natural healing mechanism can not adapt and fight on its own. Now degenerative disease clicks in, the downward spiral of disease-symptom-drug, disease-symptom-drug continues till death stops it. The average seventy year old is on 8 drugs, the average eighty year old on 10.

As the stress continues the body acclimatizes and goes into the *ADAPTATION* phase. Here the symptom goes away from familiarization. But the disease progresses deeper. We now come to an ultra important conclusion that must change medicine forever.

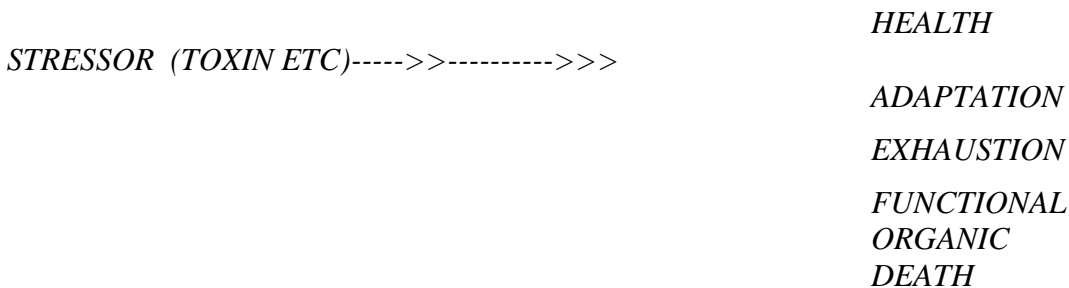
- *BEING SYMPTOM FREE IS NOT A SIGN OF HEALTH.*

In fact you can be symptom free and quite sick. Allopathy is for crisis intervention only.

If the stressor continues the body now progresses from the *ADAPTATION* phase to the *EXHAUSTION* phase. Here organs weaken. The first form is the *FUNCTIONAL* phase where organs dysfunction. They make less or excess hormones, enzymes, or others.

After a while they slip into the *ORGANIC* phase, where here the organs or organ will shrink (atrophy) or grow (hypertrophy). There now is a physical disease.

If the stressor continues the last phase results which is *DEATH*. Cellular death, organ death, organ system death, organism death. The next diagram relates the flow of disease.



The causes of disease or possible stressors are:

- | | |
|-------------------|-----------------------------------|
| LACK OF AWARENESS | TOXICITY |
| STRESS | TRAUMA INJURY |
| HEREDITY | PATHOGENS |
| ALLERGY | PERVERSE ENERGY |
| MENTAL FACTORS | DEFICIENCY OR EXCESS OF NUTRIENTS |

When these enter the body they disrupt the ease of flow. This produces the Alarm symptom. Then the body adapts, symptoms go away, but if the cause continues the disease continues. *BEING SYMPTOM FREE IS NOT A SIGN OF HEALTH.* The ability to restore or heal the body is based on how much life force the body has. This has an electrical component. The life force can be suppressed or obstructed. This is the SOC {Suppression or Obstruction (to cure)} index in the QXCI software.

20.11.4 Flow of Healing

The QXCI device and Nelson medicine are based on a different treatment from allopathy. In Nelson medicine the flow of treatment is as follows:

1. Reduce or remove the cause of disease, reduce the SOC index get the patient to take responsibility for their disease and their bodies, minds and spirits.
2. Try to repair the damaged organs resulting from the disease
3. Unblock the blockages to flow of energy in the body. Chiropractic, Acupuncture, and other medical arts are dedicated to unblocking unbalances of flow.
4. Reduce the symptoms with natural methods and naturopathy
5. Deal with the constitutional make up or tendencies of the patient

This flow sheet can be set as your wallpaper by setting it from your install disk.

The QXCI medical device is a Biofeedback / TENS device.

Thus it is designed to stimulate conscious awareness of our unconscious processes. Our unconscious is aware of the initial interference in flow.

And as such we all need to start our healing process with an interface with our unconscious awareness. This is the reason for the design of the QXCI. Then with the TENS capacity of the QXCI device we can use a cybernetic link to deal with the causes of disease. The device can zap pathogens, make aware nutritional problems, stimulate repair of injury, stimulate detox, desensitize allergies, reduce stress and more.

But the best use of the device is it's use for unblocking the blocks in flow. The QXCI can detect faults in the acupuncture meridian flow and correct them. It can find faults in the energetic make up and correct them. It can find faults in the brain wave and correct them as well. Finally the system can help in finding ways to reduce symptoms through other naturopathic means.

So the primary goal of our system is to stimulate the body to heal itself. Symptom reduction is the third priority. We try to prevent the disease from slipping further. We want true healing and long term symptom reduction.

Some patients are more aware of their unconscious. These patients are likely to feel the difference the QXCI device make and recognize the reaction patterns more easily. Others will take more time , but after several visits they will become more aware of their unconscious and feel the effects more.

20.11.5 The role for the patient

This is a bill Nelson message for your patients

Perhaps you are intrigued by our new form of medicine, perhaps you are involved with this kind of path already. Let me now propose a contract. Let us agree that if you will acknowledge your own responsibility for your healing of your body, and make changes on your SOC index by reducing the blockages to disease, we at QX ltd will make every effort to try to make our device as safe, subtle, and effective a healing device as possible.

If you and your therapist will agree on a series of visits and a path of recovery that realizes that you did not get sick in a day, but over a long period of time the gentle long term healing and health can be yours as you and your unconscious merge to one force of healing working for your well-being.

Allopathy deals with the symptoms, we must as well but it should not be primary. It is fourth on our list Naturopathy deals with the symptoms in natural ways.

Behavioural medicine is important and is part of step 1.

Psychology is part of step 1.

Homotoxicology is in step 1.

Nutrition is in step 1.

Allergy treatment is in step 1.

Heredity is in step 1.

Regrowth and healing is pushed in step 2.

Organ repair is in step 2.

Acupuncture, Chiropractic, etc are blockage medicines and as such are important and become step 3 in our system.

Classical homeopathy is step 5.

So I have sought to make a system that could reduce this complexity of several methods needed for holism. A simple system that can make holistic therapy not only possible but simple to learn and use. To this end Nelson medicine is developed as a total form of medicine which is now offered to you. With the QXCI this total holistic medicine is easy and convenient.

At the end of your session you can chose the **Nelson Report Function**. This is a button on top of the test screen on the upper right under further research. A panel will appear with the computer guesses of what is the cause, organ of destruction, blocks of flow, symptoms, consitutionals, and a treatment plan. Please revise or change this report to further describe the patient. This report will help in networking and relating to the patient.

20.11.6 Philosophy of Quantum Medicine:

The word doctor comes from the Latin word *educator* which means teacher. A doctor should be a teacher, thus education is a must for medicine. The word science is from the Latin word *scio* which is “to Know”. A scientist seeks to know. So he must reduce variables from their natural complexity.

In the real world of fractal complexity there is no way to know. This is the realization of recent science, it is a shock to science but it is true. In complex fractal situations we can not know exact results of interventions.

A healer seeks to heal and thus it is secondary to know. A true healer is satisfied to heal even if he does not know how or why.

A scientist wants to know more than he wants to heal. Many of our youth have grown up seeing scientist make advances in technology and they want to be like the scientists. These frustrated scientist find there is little money in science, and thus become doctors because they think that being a doctor as a form of science. *When they seek to know more than they seek to heal they are not good doctors.*

It is important for scientists to develop and test products before they are used on patients, but then science should take a back seat to healing and education which is true healing.

Healing and knowing are not the same. Healing most often takes place without conscious knowing. Healing is an unconscious process. Healing in our own bodies is maximised if we do not seek to intellectually force it.

The rules of a fractal or complex interaction such as the human body start with four simple truths,

1. Things never repeat
2. Small events can have large effects.
3. The whole is more than a sum of its' parts.
4. Analysis of the whole can be intuited or felt but not by analysis of the parts

With this in mind realize that many scientists have developed and tested the QXCI device for you to use. It is tested safe and effective. Your patient is coming to you for healing and healing should start with education and compassion. Put the sensitivity, tenderness, understanding, empathy of your heart into our five step process. Then the QXCI device can free up your time in analysis and allow you to maximize the healing and compassion in your heart.

20.12 An Overview of Disease and Healing Stages

This says nothing different from before: only in a different way!

Stage 1: Disease cause(s): the identification process

This is like the nail in the tyre. The car is running, bumping along and the roughness of the ride is felt. We are not expert in cars and may only have the experience that it's not as it should be. We don't necessarily know that it's the tyre even.

So we need to locate:

- what the dysfunction is
- what the causal factors are
- where the dysfunction is
- what it is doing for the patient (sometimes it is a lessor evil or symbiotic)

There needs to be removal, then repair .However the nail may be stopping the air from escaping, enabling the journey to continue even if more slowly. Temporary support may be needed. Often our physical, mental and emotional behaviour is an adaptive mechanisms which have ensured our survival.

Whilst an identifiable trigger may be located in some cases, this most often is just the straw that broke the camels back. A single dysfunction is rare: multiple dysfunctions are often present and these are almost invariably multicausal. The original un-rectified dysfunction also frequently allows other, normally contained, dysfunctions to occur.

The person may appear to be in a war, with battles of various degrees waging on several fronts at once.

Harmful factors can often be removed by attention to lifestyle: gently, progressively, with education and at the patients pace.

Conventional medicine most often views disease as an external assault: germs, pathogens etc. enter from the outside and are the primary causal factors.

Centuries of natural health observation and practice sees disease originating from being out of step with natural ways of being.

In the 20th century we are living unnaturally and under more external assault by stressors than ever before! Our systems have much, much more to contend with and we do not look after our systems to optimise strength. We are weaker and more susceptible to attack.

The following elements are some that contribute to lack of health.

Stress	Heredity	Allergies	Mental factors
Lack of awareness/education of healthy living			Excesses(inc. emotions as well as lifestyle)

Toxic exposure (70,000 **sin**thetic chemicals in everyday use)
Trauma (inc. surgical scar tissue) Deficiencies of nutrients(inc. love)
Perverse energy(xrays, microwave as well as heat, damp etc as in acupuncture)
Allopathic (symptom suppressing) treatments (drugs, pain blockage)
Self responsibility

A classic illustration of the weakening that can be induced through allopathic treatment is the cold rabbit test. Rabbits who had undergone a course of antibiotics prior to immersion in freezing water developed pneumococcus and died. Those whose immune system had not been suppressed did survive.

So look at

- Lifestyle
- Nutrition (diet, emotional and mental nutrients)
- Education
- Self responsibility
- Interfering factors: toxins (homotoxicology), allergies

In some cases the picture is very confused. The field has so many antagonists on it that a predominant theme is not visible. Then it is necessary to just do some basics: to give some space and ground level input.

Stage 2: Identify the Organ(s) or Systems of Dysfunction

Doing this enables the appropriate support to be put in. The test screen will give hints on stressed organs by remedy association. Go with this information rather than the actual remedies: remember that several different remedies will have the same effects. Look for the same organ repeating in the top (red) list.

The Sarcodes panel can assist in identifying the organs and systems. In many devices it is possible to energetically treat specific organs and body systems.

The energetic therapy results can give pointers: which areas were reluctant to correct, which would not.

Then put in the support according to your modality ...the patient may have some input to make here. Often they know what is needed ...almost in spite of themselves. Listen for this. They often feel that an emotional origin is not OK.

Respect that treatments which operate at the same level as causal factors work best. A congested liver from held anger may benefit most quickly from anger release, with support from a physical cleanse. A physical cleanse may lead to re experience of anger. The client needs to be able to process this effectively. On all levels they need to be able to deal with released toxins.

It is dangerous to detox a weak system: there needs to be appropriate support .

Use counseling here and stage 1. Use herbals for organ support and detox. Use complex homeopathics.

This is a really important stage: it is where some basic strength is rebuilt.

Stage 3: Unblock the blockages

There is little point in clearing energetic blockages without attending to support and regrowth.

The offenders need removal. There is an overlap with stage 2. They work together as often as sequentially.

There is a range of effective energy unblockers and flow re-educators.

Acupuncture (Quantum energetic and/or traditional)	
Rife (energetic organ treatment)	
Homeopathy(imprinted remedies and/or traditional)	
Bioresonance feedback	
Scalar Treatment	Music Therapy
Color Therapy	Chiropractic
Reflexology	Cranio sacral

These can be initiated within the Quantum. Depending on the frequency of patient visits and the depth of the dysfunction traditional acupuncture etc. may well be more beneficial and supportive than energetic treatment on the device alone.

Supporting the energetic treatment

Some Quantum based energetic treatments may hold: this depends on the age, extent, complexity, depth and entrenchment of the dysfunction.

As with stages 1 & 2 support is needed at stage 3. The healing process is often backwards: whilst some clients quickly experience wellbeing, many experience a worsening of symptoms first. This is associated with further detoxification (release of stored toxic materials, emotions and thoughts) akin to a “spring clean” which we may never have had before! Due to current exposure levels to **synthetic** chemicals it is the rare and lucky client (children excepted) who doesn’t experience this stage. Old symptoms may be re-experienced as layers are treated moving inwards towards to the base causes.

The supports are frequently homeopathics (which may also be the initiator!) and herbals, flower essences or other naturopathic approaches. These may also give some alleviation of symptoms whilst not inhibiting natural body self-healing responses.

This stage includes active client participation in lifestyle changes: otherwise the treatments may not hold. Often items which are stressors (chocolates, partying etc) will be sufficiently well tolerated after a rest and rebuild period to allow some naughty but nice fun and treats back in.

Stage 5: Rebuilding and Strengthening the Constitution

The aim of treatments must be not only to alleviate the symptoms and repair damage done but also to get the patient to their full health potential. This may mean addressing the deeper elements genetically inherited and karmic aspects as well as aspects which nurture and strengthen.

The constitution operates through all layers of our being: physical, emotional, mind, spirit/soul.

It is generally the finer vibrational healing elements that are now able to be effective: constitutional homeopathy, healing, meditation, yoga, tai chi etc. There is a residue, an imprint of gross disturbances left in cellular water after gross repair. Without support it can take 7 years for cell replacement to dilute the imprints out of existence.

Inherited tendencies require special treatment: these do however really help to set the person free to be in control of his life.

By this time the client will be self-educating and self-actualising: they will be so in tune that they will know inherently what is supportive for them.

20.13 The Patient-Practitioner-Quantum Triad

There are 3 elements involved in the Quantum process

1. The patient's unconscious mind and memory: this is what the Quantum accesses and what controls the computer readout.
2. The patient's conscious mind and memory: this is full of ideas etc. and is able to make some connections when presented with information.
3. The practitioners skill and patience.

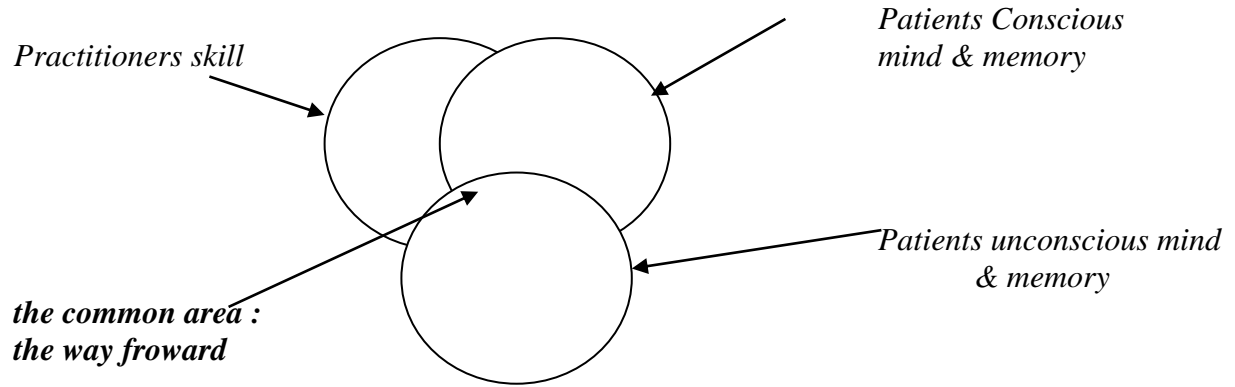
It is the overlap area of these three that the way forward is often found.

Look for

- the repetitive patterns
- the responsible solutions
- the positive patient emotions

All the information necessary is in the patient's unconscious: problems, diagnosis, causes, their needs and solutions. The quantum brings this information into the conscious realm: where both the practitioner and patient can bring their joint conscious minds to it. The practitioner to initiate dialogue, to offer possibilities, to search, to hold forward tentative themes and the patient to indicate where a resonance occurs.

Never underestimate the contribution for both parties intuition in this process.



20.14 A reminder of the important points

1. ***Things do not repeat*** .We are dynamic, adaptive beings. We are different at 10.01 am from 10.00 am. Test again in 10 minutes and the results, the priorities may have. ***It shows what is happening right now:*** not yesterday, not tomorrow.
2. ***Very small changes have significant knock on effects***. A different thought can alter totally our response to life situations. The flapping of the butterfly wings in New York initiating a chain of events to result in a storm in Asia .
3. ***We are a total being:*** our physical, mental, emotional, spiritual interact and inter-influence. Test and treat all of the whole person.
4. The Quantum is there to support you –***it is there to assist and not to replace***.
5. The results may not be manifesting as observable symptoms: it is an energy field, informatics-based diagnosis. It looks at the gross and the subtle, the top and the underlying layers. The most active response may not be the most visible.
6. ***Cause is multiple and never singular***. Be a detective with the results. Look for the common factors, the chain. Use your skills as well.
7. ***The scores are probabilities***...at the 85% + level.

